## **Boosting Testosterone Leads to Dramatic Increases in Libido, Energy, and Stamina**



One of the unfortunate realities of life is that as we get older we sometimes feel less energetic, less "in the game." It's a disturbing moment, one that usually hits after an unexpected physical challenge. Maybe you've been unable to maintain your usual workout levels, or recovery is taking a lot longer than it used to. Perhaps fixes to the house are just a bit more difficult, or you find yourself feeling tired more often.

What's most startling about this realization is that you don't normally "feel old" but, nevertheless, you know you're not the man you used to be.

The solution? It could be as simple as boosting your free testosterone levels.

Most people don't realize that testosterone is a vital hormone for maintaining overall good health. An article from the Lance Armstrong Foundation's Livestrong.com site, noted that testosterone stimulates the use of stored body fat for energy and keeps you looking lean. It also helps in the battle against cardiovascular disease, diabetes, osteoporosis, obesity, depression and numerous other ailments.

Testosterone replacement therapy is one possible way of handling the situation, but it must be done through a doctor and research is mixed on whether or not it actually works. The real trick is getting the body to safely start producing more testosterone on its own, and one of the most exciting approaches has been developed by a group of scientists in the fifties.

They have developed a safe and effective supplement which actually triggers the body to raise free testosterone levels naturally. By using bio-identical progesterone. It's called Adam's is now being made available to the public.

The product has no harmful side effects and has been shown to deliver improvements in system balance, strength and virility in just days. Results include enhanced sex drive and enhanced physical performance and stamina.

But, just what kind of a difference can a testosterone boosting supplement like this make? Well, according to users of the product – it's nothing short of spectacular, a return to the normal you or better.

But taking it by pill is not the a safe or effective way to increase testosterone.

Purchase Adam's from us. At jonilund.com We sell it for \$18.00 a tube or less.